



CENTER FOR ROBOTIC & METABOLIC SURGERY

PATIENT PREOPERATIVE INSTRUCTIONS

Medication Changes Before General Surgery

Review all prescription medicines, over-the-counter medicines, vitamins and supplements with your surgical team before surgery.

Medication group	Medications / examples	Before surgery
Nonsteroidal anti-inflammatory drugs (NSAIDs)	Ibuprofen, Aleve, Motrin, Celebrex, Voltaren, Mobic, diclofenac, meloxicam	7 days prior to surgery When instructed by your surgical team.
Supplements	Vitamin E, vitamin D, garlic, ginkgo biloba, calcium and other supplements	7 days prior to surgery When instructed by your surgical team.
Blood thinners Get permission from the prescribing doctor before stopping.	Plavix, Xarelto, aspirin / ASA, Coumadin, Eliquis, Pradaxa, Arixtra, Jantoven, warfarin	Individual stop plan required Confirm the exact stop and restart dates with your prescribing doctor and surgeon. Hold times vary by medication and procedure.
Steroid medications	Prednisone, Cortef, Medrol, prednisolone	Discuss with your surgeon before surgery. Do not stop or change your dose on your own.

Questions or a dose taken during your hold period? Call our office before surgery. Follow your separate fasting instructions and restart medications only as directed.